







Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Lunch Program High School Student Meal Pricing: Main Line Meal: \$2.75 Domino's Pizza Meal: \$2.75 Pizza Meal: \$2.75 Salad Bar Meal: \$3.80 Soup & Salad Bar Meal \$4.00 Cup of Soup: \$2.00 Bowl of Soup: \$2.50 Black Knight Meal: \$4.00 Deli Meal: \$4.00 Deli A La Carte: \$3.00 Subway Meal: \$4.30 Subway A La Carte: \$3.50 Milk: \$0.65 Fruit A La Carte: \$0.75 Adult Meal Pricing: Main Line Meal: \$4.25 - \$5.25 Breakfast: \$2.30 <h1 style="text-align: center;">December 2018</h1> 
Daily Lunch Choices Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli Meal Choice #4 Salad Bar Meal Options Choice #5 Black Knight Meal		Daily Pizza Choices Monday: Big Daddy's Cheese or Pepperoni Pizza Tuesday: Mickey's Cheese Pizza or Pepperoni Pizza Wednesday: Mickey's Cheese Pizza or Pepperoni Pizza Thursday: Domino's Cheese Pizza Friday: Big Daddy's Cheese Pizza or Pepperoni Pizza		Hot, Fresh & Healthy Lunch Choices! <u>Vegetable Bar</u> Carrot Sticks Bean Salad Celery Sticks Fresh Broccoli <u>Available</u> Monday – Thursday	
Balance and purchasing history? Visit: www.myschoolbucks.com	Reminder: All students who qualify for a reduced price lunch can eat breakfast for free!		Students choose up to (2) fruits which consists of: juice, fresh fruit, or canned fruit. Students can choose up to (2) vegetables.		
Happy Holidays from the Food Service Department    		Holiday Break December 24 – January 2		Did You Know? Chef choice days allow food service managers to offer a different variety of items to students while maintaining food costs along with keeping inventory low!	
December 3 6PC Chicken Nuggets w/ Texas Garlic Bread Slice Mashed Potatoes & Gravy Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 4 Walking Taco w/ Beef, Cheese, Salsa, Lettuce, Tomato, & Rice. Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 5 Chicken Patty Sandwich w/ Lettuce, Tomato, & Pickle Straight Cut Fries Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 6 Homemade Chicken Pot Pie Steamy Green Beans Dinner Roll Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Homemade Apple Crisp	December 7 Brunch Lunch French Toast Sticks w/ Sausage Links, & Hash Browns Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
December 10 General Tso Chicken Steamy Broccoli & Rice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Fortune Cookie	December 11 Holiday Lunch Turkey w/ Mashed Potatoes, Gravy, Green Beans, Stuffing & Dinner Roll Cranberry Sauce Pumpkin Pie Slice Canned Fruit, Fresh Fruit, & Fruit Juice Milk Choice	December 12 Hot Ham & Cheese on Pretzel Roll w/ American Cheese Baked Potato Wedges Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Last Subway Day for 2018	December 13 Double Dipper Day 2 Chicken Tenders 2 Max Sticks Marinara Sauce Tossed Salad w/ Dressing Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 14 6PC Chicken Nuggets w/Dinner Roll Tater Tots Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	
December 17 Chicken Bowl w/ Mashed Potatoes, Gravy, Cheese, Corn, & Bread Choice Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 18 Double Chicken Fajitas w/ Pepper & Onions, Lettuce, Tomato, Cheese, & Salsa Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice	December 19 Chicken Patty Sandwich w/ Lettuce, Tomato, & Pickle Golden Potatoes Assorted Fresh Fruit, Canned Fruit, & Fruit Juice Milk Choice Last Day for Salad Bar	December 20 Penne Pasta w/Bread Choice Red Sauce w/Meat or Chicken Alfredo Sauce Tossed Salad w/ Dressing Canned Fruit, & Fruit Juice Milk Choice Last Domino's Day for 2018	December 21 Double Dog Day w/Cheese Sauce, BBQ Baked Beans, Assorted Fresh Fruit, Canned Fruit & Fruit Juice Milk Choice	

Monday	Tuesday	Wednesday	Thursday	Friday	Hempfield School District Lunch Program Middle School 	
Daily Lunch Choices Choice #1 Main Event Meal Choice #2 Pizza Meal Choice #3 Deli Meal Choice #4 Salad Bar Meal Options Choice #5 Black Knight Meal		Black Knight Meals Monday: Double Cheeseburger Tuesday: Hot & Spicy Chicken Sandwich Wednesday: Double Cheeseburger Thursday: Regular Chicken Sandwich Friday: Double Cheeseburger		Wednesday Subway Meal w/ Sun Chips Vegetable, Fruit, & Milk Choice		
Balance and Purchasing history? Visit: www.myschoolbucks.com	Reminder: All families are responsible for any negative lunch accounts students may incur. For free email alerts families can create a free My School Bucks account which will notify them when their child's account is low in funds.		Did You Know? When sandwich entrées show with fixings that means sandwiches come with lettuce, tomato, & pickles.	Menu Subject To Change		
December 24 No School	December 25 No School	December 26 No School	December 27 No School	December 28 No School		

Online Payment: To view your child's account or to put money in your child's account via credit or debit, please go to My School Bucks to create your free online account, www.myschoolbucks.com. The system only charges a fee when households utilize the online payment options.

Meal Applications: For free and reduced breakfast and lunch benefits, apply anytime at www.ezmealapp.com.

PACKERS: Juice, bottled water, extra servings of fruit, vegetables, snacks, and milk choices are all available to students to purchase a la carte who pack their lunch.

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(800)877-8339 or (800)845-6136(Spanish). For any other information dealing with Supplemental Nutrition Assistance Program (SNAP) issues, persons should either contact the USDA SNAP Hotline Number at (800)221-5689, which is also in Spanish or call the State Information/Hotline Numbers (click the link for a listing of hotline numbers by State); found online at http://www.fns.usda.gov/snap/contact_info/hotlines.htm "In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, religious creed, disability, age, political beliefs, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov.

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